PSHE Long Term Overview

At Hurstbourne Tarrant CE Primary School, we use the One Decision programme of study to support the teaching and learning of PSHE. The long term overview below is based on the One Decision planning and has been adapted to meet the needs of our pupils. Although PSHE can be incorporated into our topic teaching, it is mostly taught discretely.

	AUT 1	AUT 2	SPR 1	SPR 2	SUM 1	SUM 2
Summer A	Keeping/Staying Safe Is it safe to play with? Is it safe to eat or drink?	Keeping/Staying Healthy Washing hands. Medicines.	Relationships/Computer Safety Online bullying. Image sharing.	Relationships Friendship. Touch.	Being Responsible Practise makes perfect. Helping someone in need.	Feelings and Emotions Jealousy.
Summer B	Keeping/Staying Safe Road Safety. Leaning out of Windows.	Keeping/Staying Safe Tying shoelaces.	Relationships Bullying. Body Language.	Feelings and Emotions Anger.	Keeping/Staying Healthy Healthy eating. Brushing teeth.	Being Responsible Stealing. Water spillage.
Autumn A	Being Responsible Coming home on time.	A World Without Judgement Breaking down barriers.	Computer Safety Making Friends Online.	Keeping/Staying Healthy Making Friends Online.	The Working World Chores at Home	The Working World Enterprise
Autumn B	Keeping/Staying Healthy Healthy Living.	Keeping/Staying Safe Peer Pressure	Computer Safety Online Bullying. Computer Safety documentary.	Feelings and Emotions Worry. Anger.	Being Responsible Looking out for others. Child and adult views	Feelings and Emotions Grief.
Winter A	Being Responsible Adult's and children's views. Road Safety – cycle safety.	Feelings and Emotions Anger.	Keeping/Staying Healthy Smoking. Alcohol	Computer Safety Image Sharing.	Keeping/Staying Safe Water safety	Growing and Changing Puberty (Y5). Conception (Y6) Transition worry.
Winter B	Keeping/Staying Safe Road Safety – cycle safety.	The Working World Enterprise	The Working World In-app purchases	A World Without Judgement British Values	Being Responsible Stealing.	Growing and Changing Puberty (Y5). Conception (Y6) Transition worry.