

Hurstbourne Tarrant Church of England Primary School

‘Love of Learning, Love of Life, Love of Christ!’

Fidget Policy



Our School Christian Values = REACH

R=respect E=ffort A=im High C=are and love H=onesty

Headteacher Signature:	Date: May 2026
Chair of Governors Signature:	Date: May 2026
Date for renewal: May 2028	

Our School’s Christian Vision

Through ‘Love of Learning, Love of Life, Love of Christ,’ we aim to ensure that our school is a place which enables children to fulfil their journey together in mutual respect within an environment that enables children to have a positive purpose in life being true to themselves and others.

Our School Values

Respect – valuing each other and celebrating differences.

Effort – always trying our best.

Aim High – setting ourselves new challenges.

Care and Love – selfless service to others, putting others before ourselves.

Honesty – living with integrity, saying what we mean and mean what we’re saying.

Fidget Policy

The use of fidgets (such as poppits, squeeze balls and key chains) as self-regulation tools is recognised by the school as being beneficial for some children.

Use of these objects can promote movement and tactile input and can help children to focus or calm down when overwhelmed. On occasions they can fulfil a need as part of a pupil's adapted 'sensory diet.'

Because of this, they can be an effective support for children who struggle with attention, focus, and sensory processing.

Whilst fidgets are being used in this way, the school do not see these objects as 'toys.' Toys are not usually allowed in the classrooms.

How we use fidgets at Hurstbourne Tarrant

Class teachers, with the support of the SENCO, will identify any child who may benefit from the use of a fidget.

Class teachers will discuss the range of fidgets and agree one suitable for the individual's needs and preferences.

Fidgets will then be used to support in regulating emotions and supporting focus and children will be encouraged to reflect on when these aids are most useful for them.

When the class teacher agrees to the use of a fidget for a particular pupil, they will explain and ensure pupils understand the school guidelines for use.

Fidget Use Rules

Fidgets are provided by the school or parents in discussion with the class teacher and/or the SENCO.

Fidgets can only be used at times and in places agreed with the class teacher.

Fidgets should be put away when not required, or at any times the teacher deems appropriate.

Fidgets are to be used for the reasons specified in this policy and are not considered to be toys.

Fidget toys are not to be traded with other children.

Non gel fidgets should be used.

Children using fidgets outside of this policy will need to hand the fidget to a member of staff. It will be handed to parent at the end of the day.